



# Liver Fluke

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Dumfries

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*Leading the way in Agriculture and Rural Research, Education and Consulting*



Picture: Dieter Palmer

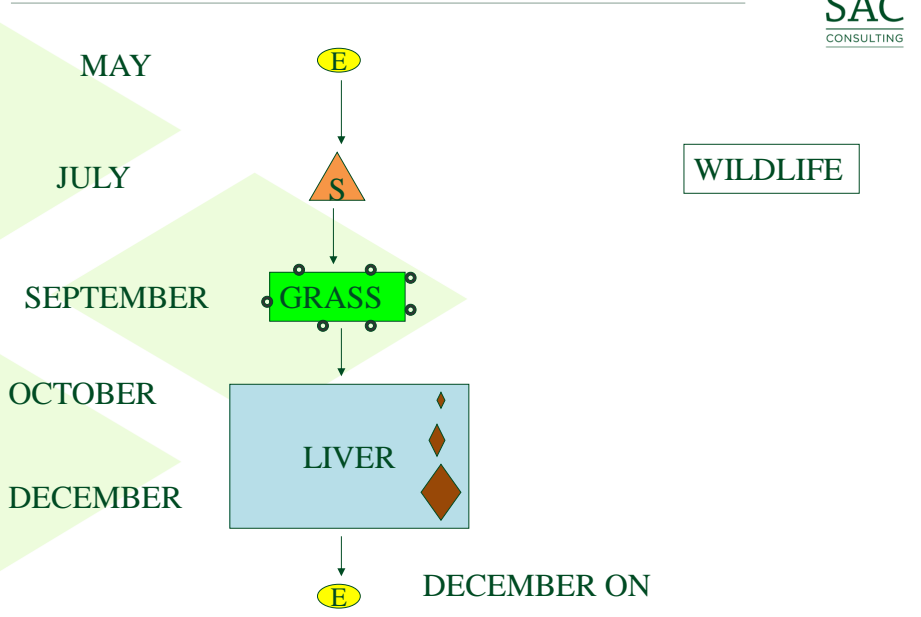
## Fluke requirements



- Snails
- Water
- Temperatures >10°C
- Sheep, cattle, deer, rabbits, horses, man



## Fluke Lifecycle

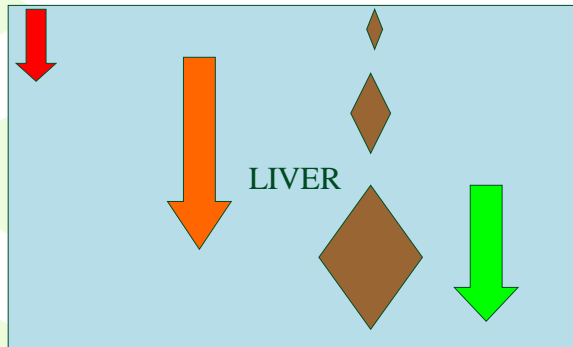


# Immature and Adult Fluke



ACUTE

SUB  
ACUTE



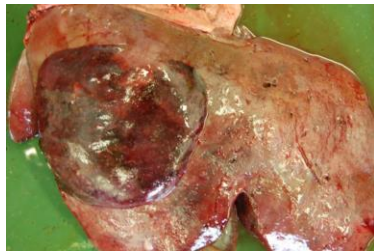
CHRONIC

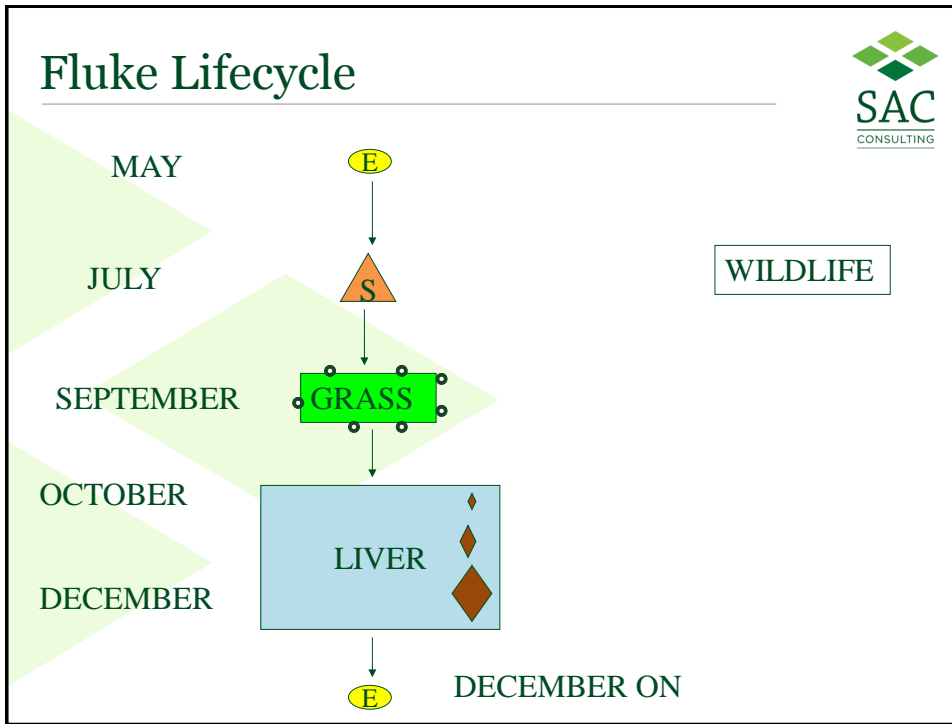


## Normal Liver



## Acute/Subacute Fluke





## Chronic Fluke (Subclinical)



## Other problems



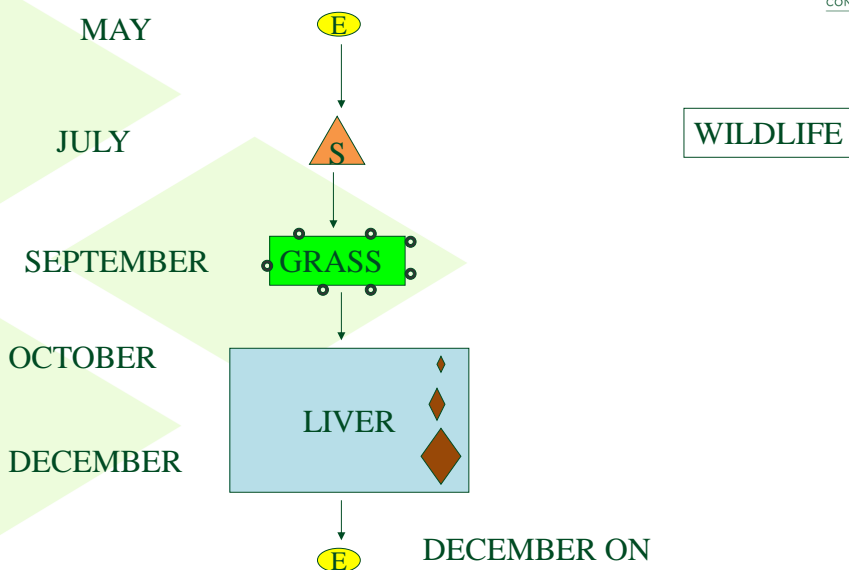
- High barren rates and abortions
- Deaths due to clostridial disease
- Deaths when handled for treatment
- Deaths due to liver failure after successful treatment
- Metabolic disease
- Acute fluke deaths of sheep wintering on dairy farm
- **TREATMENT FAILURES**

## Other losses



- Reduction in milk yields
- Increased deaths of young lambs
- Poor lamb growth rates
- Poor store cattle weights
- Increased time for cattle to finish (+8%)
- Death of suckled calves due to chronic fluke
- Downer suckler cows
- Liver condemnation at abattoirs
- Treatment costs including time

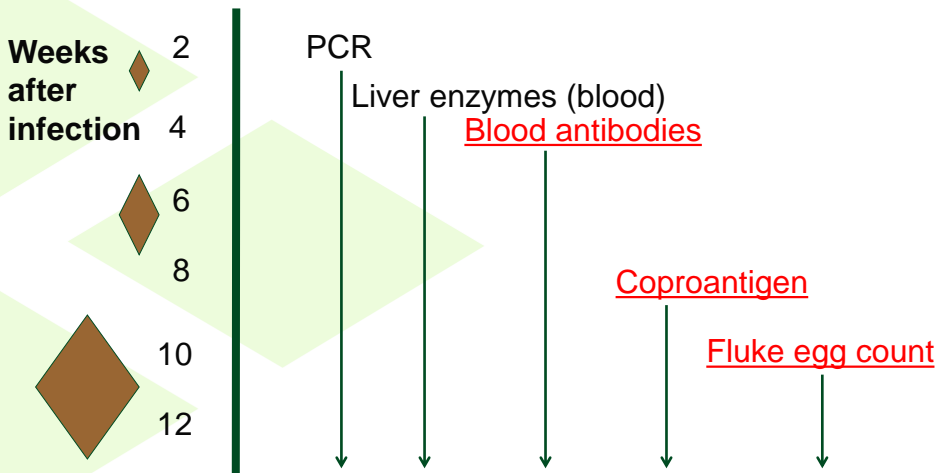
## Fluke Lifecycle



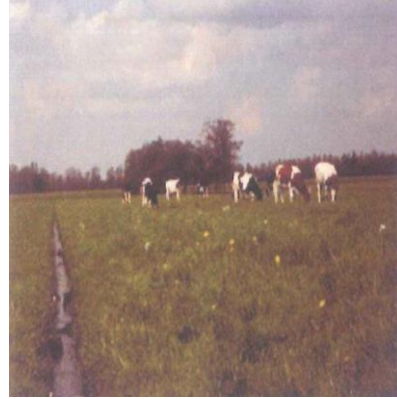
# Fluke egg



# Test Timeline







Pictures: Lammert Moll

## Snail Habitats



## Barony Field Map



## Loch Field



## Steading Field

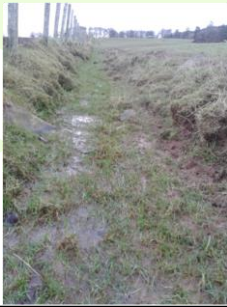


## Barony Fields



## Good Snail Habitats

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## Mid September

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- All sheep on farm last fluked in January.
- Cows/calves usually housed mid November.
- Lambs should all be fat in less than 6 weeks.
- Summer rainfall slightly above average.
- (Cows and calves, ewes, purchased gimmers, fat lambs.)

## Barony Field Map



## Jubilee Field - Hoggs



## Trial Field – In Calf Heifers

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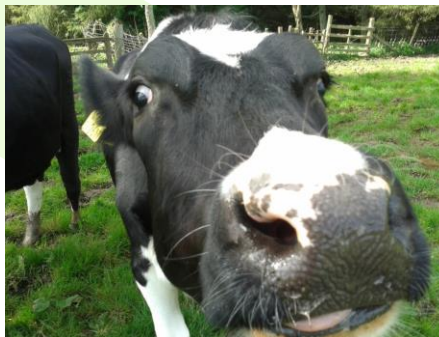


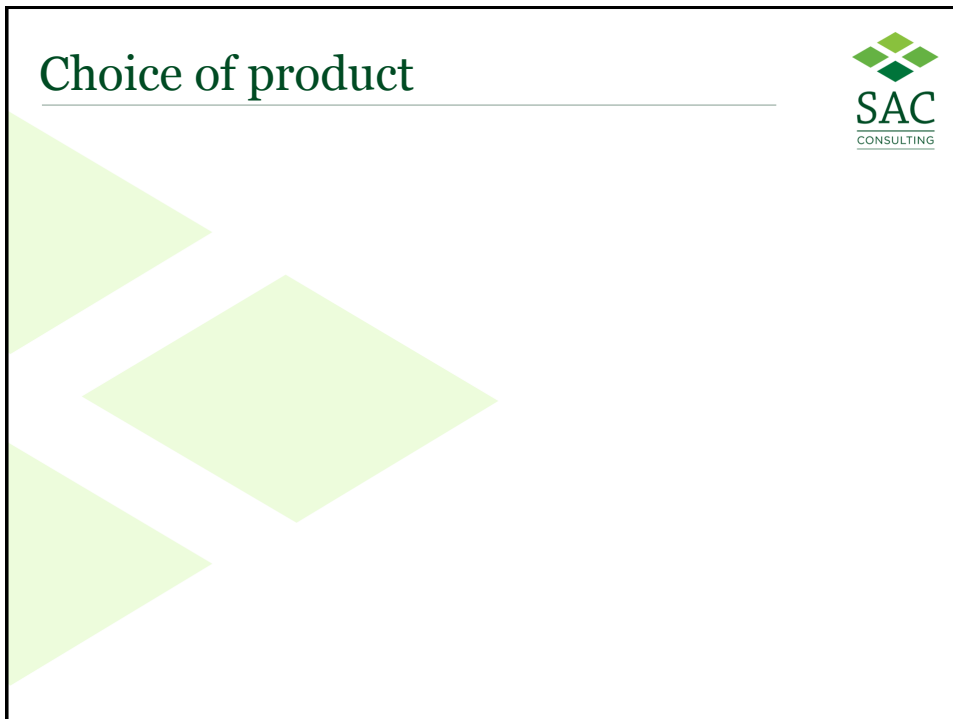
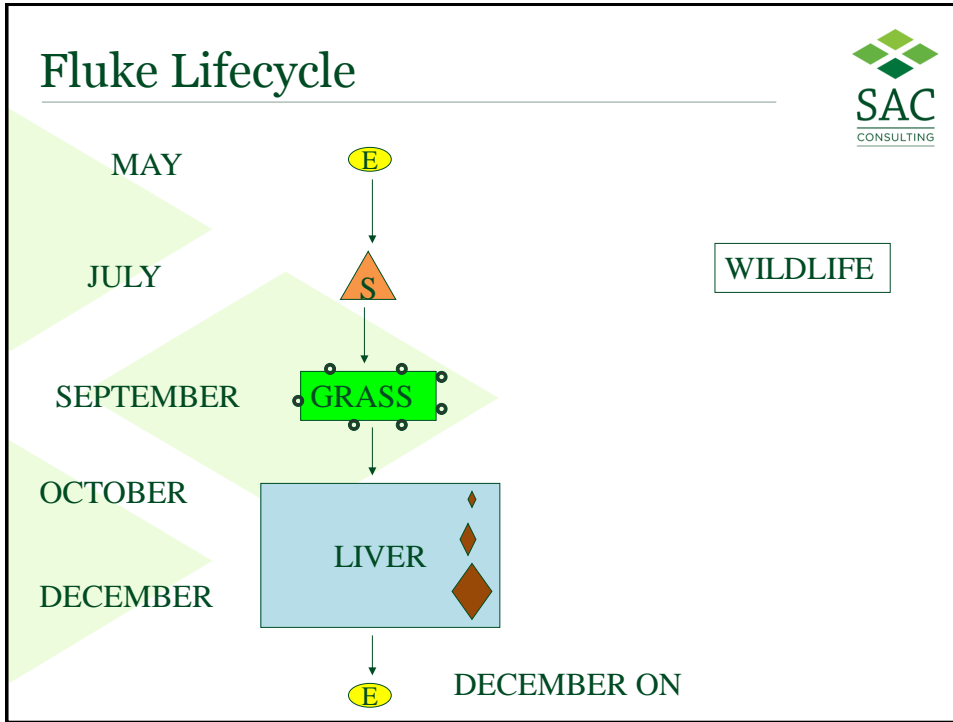
## Blood Antibody Results (21/11/14)

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- Heifers – 100% positive.
- Hogs – 20% positive.





## Choice of product

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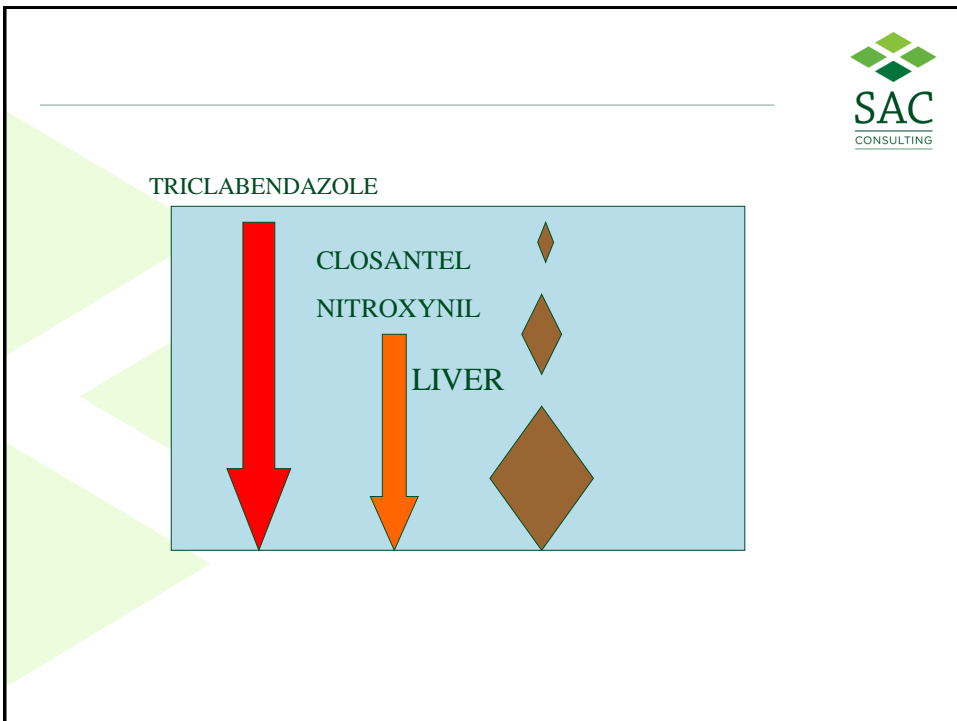
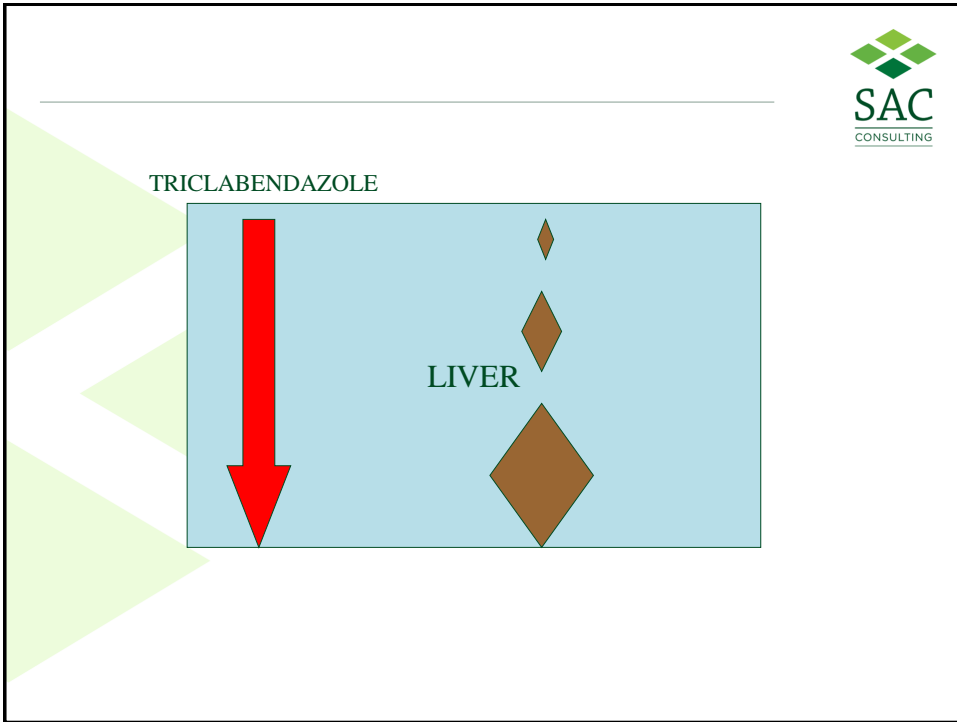
- Products vary in their ability to kill fluke
- Time of year
- Age of fluke present in liver
- Withdrawal period
- Method of administration
- Is a worming dose also required?
- What has been used in the past?
- Did it work?

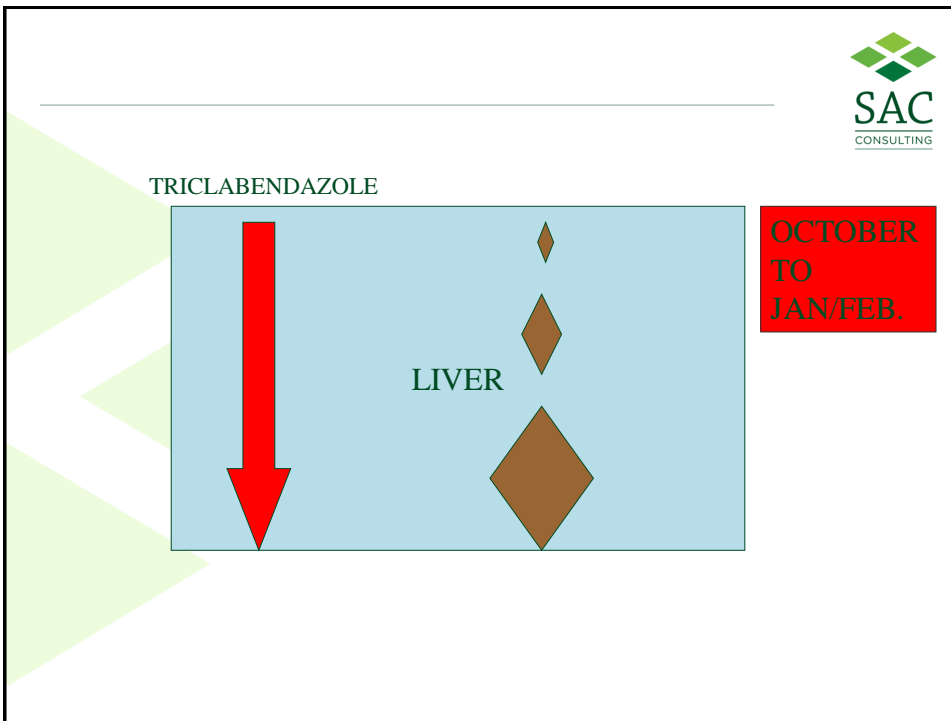
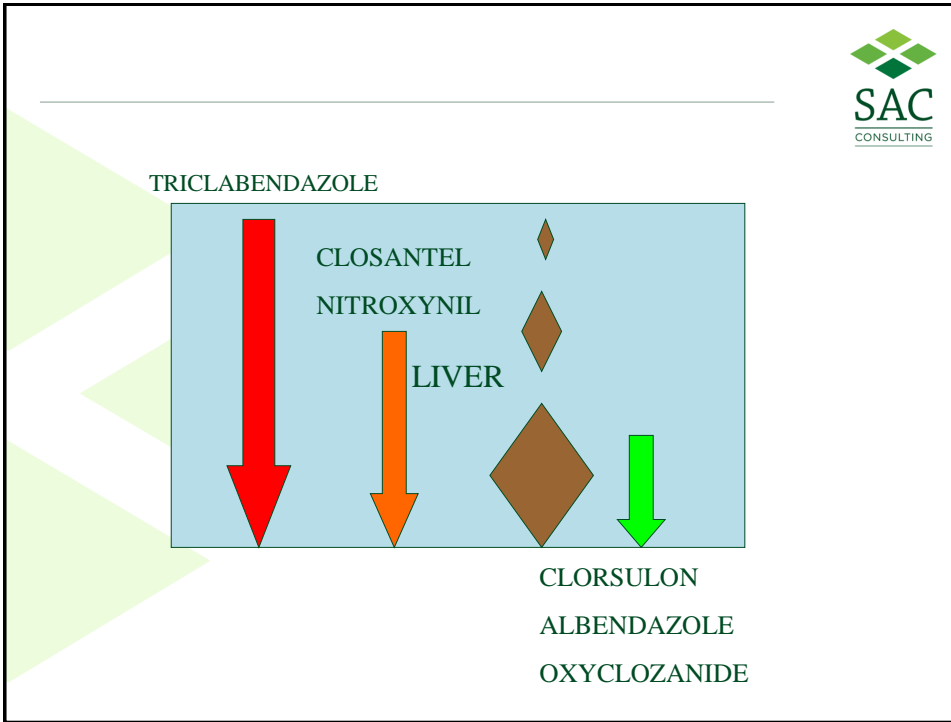


LIVER

The diagram shows a light blue rectangular area representing a liver. Inside this area, three brown diamonds are arranged vertically, increasing in size from top to bottom. The word "LIVER" is written in the center of the rectangle.

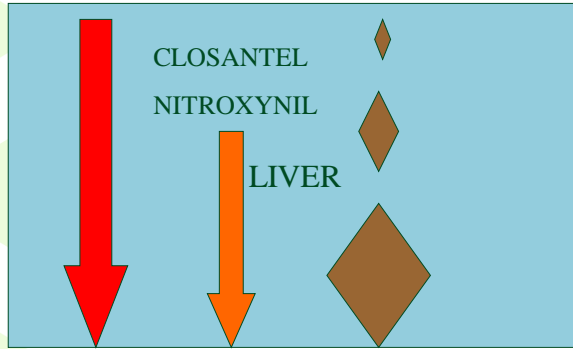








TRICLABENDAZOLE

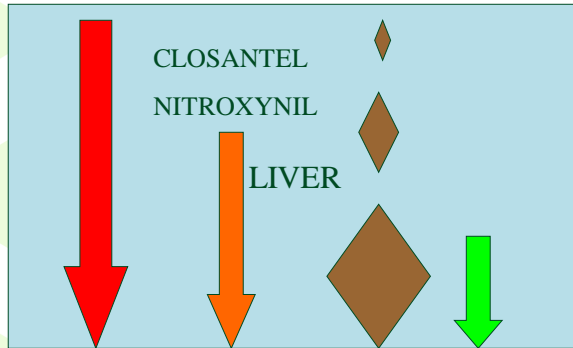


OCTOBER TO JAN/FEB.

OCTOBER TO JAN/FEB.



TRICLABENDAZOLE




OCTOBER TO JAN/FEB.

OCTOBER TO JAN/FEB.

CLORSULON  
ALBENDAZOLE  
OXYCLOZANIDE


MAY

## Pick a Product



<p>FLUKIVER</p> <p>CLOSAMECTIN INJECTION</p> <p>FASIMEC DUO</p> <p>ANIMEC SUPER</p> <p>TRODAX</p> <p>RYCOBEN</p>	<p><b>TUPS IN OCTOBER</b> (No resistance to Triclabendazole diagnosed.)</p> <p><b>SUCKLER COWS</b> 8 WEEKS AFTER HOUSING</p> <p><b>EWES LAMBING OUTSIDE IN MAY</b></p> <p><b>LONG KEEP STORE LAMBS</b> IN EARLY NOVEMBER</p> <p><b>EWES IN OCTOBER</b> (Triclabendazole resistance diagnosed.)</p> <p><b>PURCHASED GIMMERS IN</b> LATE SEPTEMBER (Came from a very wet area.)</p> <p><b>DAIRY COWS AT DRYING OFF</b> IN FEBRUARY (Housed mid October)</p>	<p>LEVAFAS DIAMOND</p> <p>COMBINEX</p> <p>FASINEX 5%</p> <p>CYDECTIN TRICLAMOXY POUR ON</p> <p>ZANIL</p> <p>ALBEX 10%</p> <p>TRICLAFAS 5%</p>
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## Pick a Product



<p>FLUKIVER</p> <p>CLOSAMECTIN INJECTION</p> <p>FASIMEC DUO</p> <p>ANIMEC SUPER</p> <p>TRODAX</p> <p>RYCOBEN</p>	<p><b>TUPS IN OCTOBER</b> (No resistance to Triclabendazole diagnosed.)</p> <p><b>SUCKLER COWS</b> 8 WEEKS AFTER HOUSING</p> <p><b>EWES LAMBING OUTSIDE IN MAY</b></p> <p><b>LONG KEEP STORE LAMBS</b> IN EARLY NOVEMBER</p> <p><b>EWES IN OCTOBER</b> (Triclabendazole resistance diagnosed.)</p> <p><b>PURCHASED GIMMERS IN</b> LATE SEPTEMBER (Came from a very wet area.)</p> <p><b>DAIRY COWS AT DRYING OFF</b> IN FEBRUARY (Housed mid October)</p>	<p>LEVAFAS DIAMOND</p> <p>COMBINEX</p> <p>FASINEX 5%</p> <p>CYDECTIN TRICLAMOXY POUR ON</p> <p>ZANIL</p> <p>ALBEX 10%</p> <p>TRICLAFAS 5%</p>
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## Assess Fluke Risk

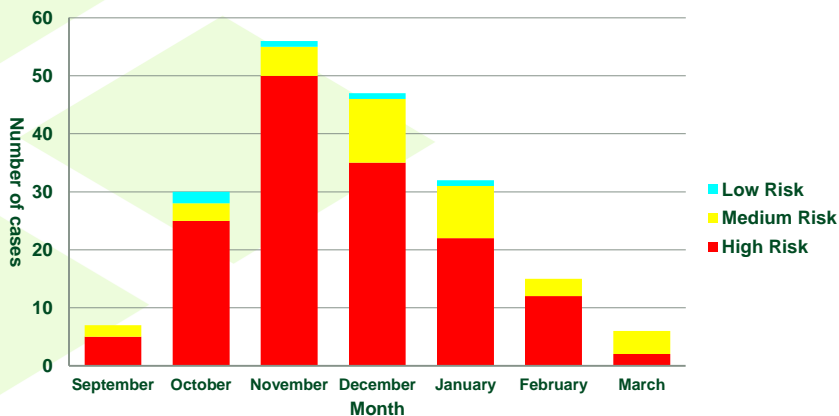


- Where have they grazed particularly from August on?
- What grazed these fields earlier in the year?
- Sheep?
- Re-seeds, silage fields?
- Are there wet areas, could there be snails?
- Was the summer wet or dry?
- Likely date of housing?
- Problems in previous years?
- Any signs of ill health/poor production that could be due to fluke?

## When To Treat?



Distribution of Sheep Acute Fluke Deaths by Month (PMs Ayr and Dumfries 1993 – 2014)



## When to treat?

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- Fluke treatments are not long acting
- Sheep - October, January and late spring/early summer.
- High risk years/farms – as above plus extra treatments 4-6 weeks after the October and January doses.
- Extreme years on wet farms - ? Every 4 weeks in autumn, ?treat and house.

## When to treat?

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- Beef cattle - treat at appropriate interval after housing (?plus at housing in high risk years/farms)
- Outwintered cattle - treat winter and spring (?3 times in highest risk years)
- Consider checking for fluke eggs before turn out.
- Useful websites:
  - [www.nadis.org.uk](http://www.nadis.org.uk)
  - [www.scops.org.uk](http://www.scops.org.uk)
  - [www.cows.org.uk](http://www.cows.org.uk)

## My Stock Were Treated – Why Have The Livers Been Condemned?

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- Re-infection
- Inappropriate product used.
- Incorrect timing of treatment.
- Product not expected to kill 100% of fluke in the liver.
- Treatment failure e.g. underdosing, product out of date.
- Treatment failure – resistance.
- Scarring and fibrosis of liver.
- Error.

## My Sheep Were Treated Why Are They Still Dying?

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- Re-infection – dosing interval too long.
- Inappropriate product used.
- Incorrect timing of treatment.
- Treatment failure e.g. underdosing, product out of date.
- Treatment failure – resistance.

## Resistant Fluke

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- Resistant fluke survive being exposed to the correct dose of a drug that would normally be expected to kill them.
- They pass this advantage to their offspring via their genes.
- The next generation of fluke are also resistant.

## Triclabendazole

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- First became available in 1984.
- Resistance in Scotland first recognised around 1998.
- Now reported in many countries.
- How much is out there?



## Checking For Resistance



- Mark and weigh 10 sheep/cattle.
- Collect individually identifiable faecal samples.
- Dose accurately.
- Re-sample 3 weeks later if fluke eggs counts are being carried out, 2 weeks later if coproantigen testing is being carried out.

## Quarantine Treatment – Why Bother?



Picture: Dieter Palmer

## Quarantine Treatment – Why Bother?

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- Any farm - To kill liver fluke and prevent deaths/production losses.
- Farms with snail habitats but no history of liver fluke – To prevent deaths/production losses and prevent liver fluke becoming established on the farm.
- Farms that already have liver fluke – To prevent deaths/production losses and prevent the introduction of liver fluke that are resistant to triclabendazole.

## Quarantine Treatment – Why Bother?

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- Where have they come from?
- Are they likely to be infected?
- What time of year is it?
- What age of fluke are most likely to be in the liver?
- Have they been treated? What with and when?
- Could collect samples but interpret results with care.
- Treat with triclabendazole and either monitor or treat with closantel or nitroxylin 6 weeks later.
- Treat with closantel or nitroxylin and repeat 6 - 7 weeks later.
- If housed on arrival (and no immediate disease risk) delay treatment for 6 to 8 weeks and treat with closantel or nitroxylin.
- Graze in fields with no snails for as long as possible.

## Quarantine Treatment – Why Bother?

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- Extra costs and hassle.
- If triclabendazole resistant liver fluke have already been confirmed locally then spread may occur via:
  - Movement of wildlife and straying stock.
  - Heavy rainfall may cause flooding across boundaries or wash snails/cysts downstream.
  - Snails could be transported on the feet of birds.

## Fluke Forecasts

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# WHAT ABOUT THIS YEAR?



## Fluke Forecasts



- Developed in the 50s and 60s.
- Based on the knowledge that summer weather conditions influence the fluke lifecycle.
- Compared meteorological data with the number of sheep deaths due to acute/subacute fluke.
- Are they still accurate and relevant? Has the disease changed?

## Reasons for Developing Fluke Forecasts



- “to assist in a decision to use molluscicides” **X**
- “to design grazing control” **✓**
- “to assist in the recommendations for treatment and other forms of fluke control” **✓**

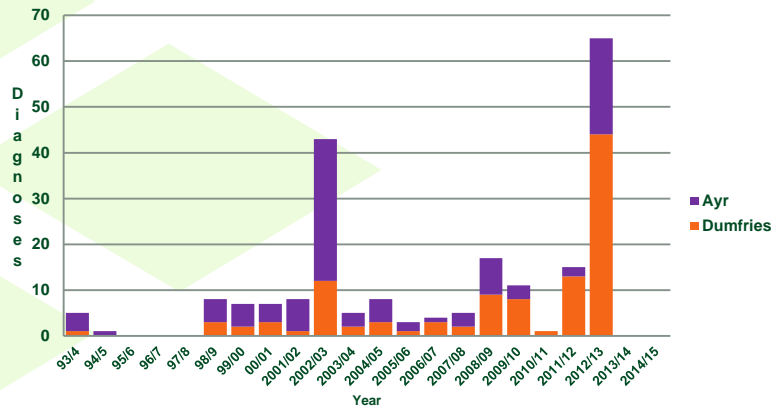
# Meteorological Office Regions



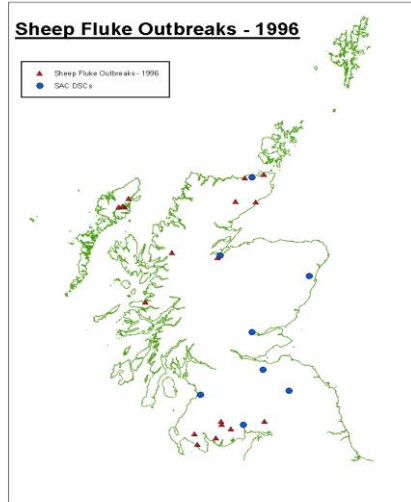
# Acute/Subacute Fluke - Ayr and Dumfries



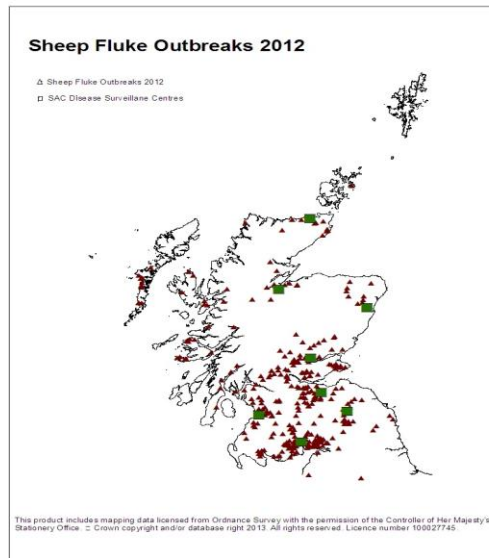
Acute Fluke Diagnoses Ayr and Dumfries



# Sheep Fluke Outbreaks 1996

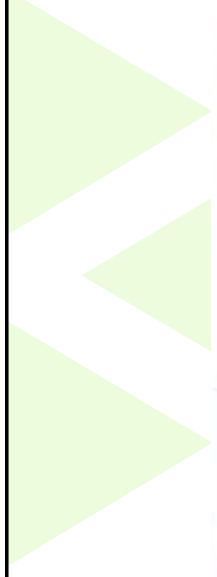


# Sheep Fluke Outbreaks 2012



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# NADIS Regional Parasite Forecasts



### UK DISEASE PROFILE

**Compiled from NADIS data**

NADIS consists of a network of advisory services, originally set up in 1993 to monitor disease in cattle, sheep and pigs. NADIS is developing its programme with BPEX and the RVC to provide its farm pig surveillance across England.

NADIS is currently generating animal health knowledge available to farmers delivered by local veterinary practices in some of the eight RAIN regions in England. VET practitioners are also running in Scotland and Wales.

Using Animal Health Online data, NADIS produces a monthly Parasite Forecast highlighting parasite challenge in the different regions of the UK, along with regional advice on farm practice and veterinary response.

NADIS aims to improve animal health and welfare through better disease control and prevention. Additional to routine health planning, NADIS could also be used to inform decisions on disease control and prevention. Additional to routine health planning, NADIS could also be used to inform decisions on disease control and prevention.

### Climatological regions of the UK

**REGIONS**

- 1 N.W. Scotland
- 2 S. Scotland
- 3 East Angles
- 4 The Midlands
- 5 S. England
- 6 W. England
- 7 N.W. England
- 8 N. England
- 9 N. Wales
- 10 S. Wales
- 11 N. Ireland

**WEATHER SUMMARY**

**July 2016**

July rainfall varied from around 40% below the 1961-1990 regional average figure in south-east England and East Angles to more than double the expected figure in a band across the country from northern Scotland to north-western England and North Wales. Overall, rainfall across England was about equal to the long-term average for the month, while Scotland, Wales and Northern Ireland each received more than 80% more rain than would normally be expected in July. Rainfall over the last three months has still been below the long-term average in most regions, particularly in the south and east, while it has been slightly above in eastern Scotland, north-west England/north Wales and Northern Ireland.

Mean temperatures were more than 2.0° C above the 1961-1990 regional average in East Angles. Conditions were milder towards the west, with much of the country only about 1° C warmer than would normally be expected. Three-month mean temperatures to the end of July are between 0.5 and 1° C above average in all regions.

The first week of August was generally mild with periods of significant rainfall. Forecasts for the rest of the month suggest average temperatures and rainfall, with sun particularly in the north and north-west of the UK, but with some fine conditions in the north, mainly towards the end of the month.

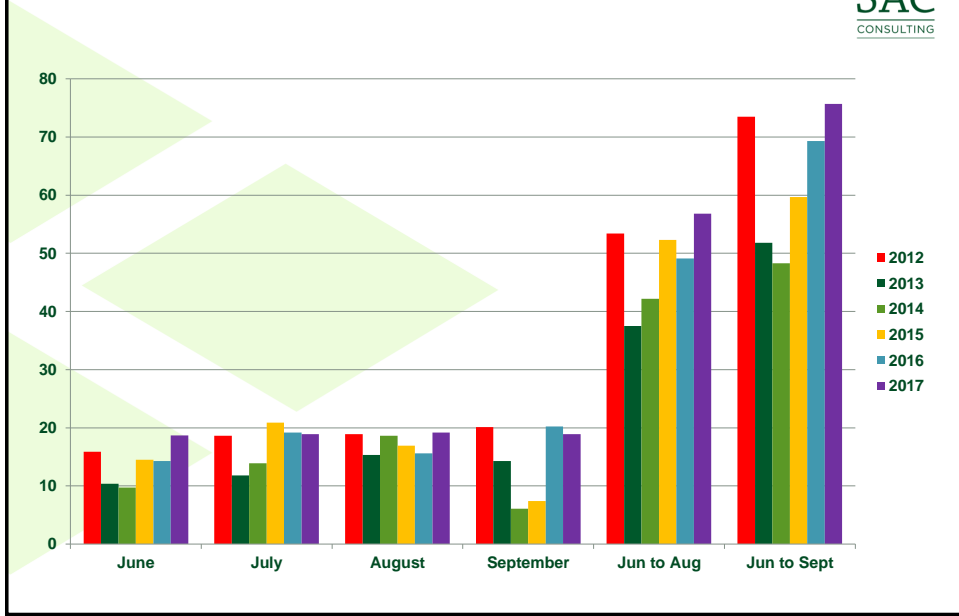
The first two and a half weeks of September often being episodes of high pressure, with some fine days followed by showers. Following this period, autumn storms often arrive, with gales towards the end of the month. How these typical weather patterns will be affected by the changing climate is unclear.

Forecasts for the autumn suggest drier than average conditions, with below-average temperatures in November; however, these long-term forecasts have limited reliability.

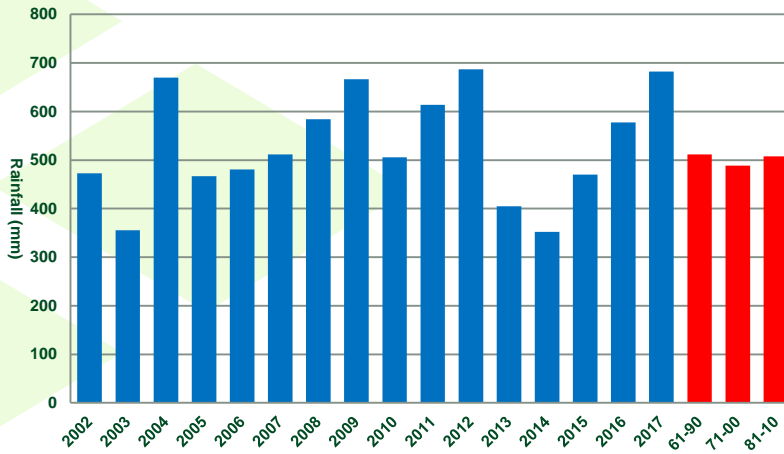
UK DISEASE PROFILE - NADIS

UK, Nov '16 15 Nov 5 September 2016

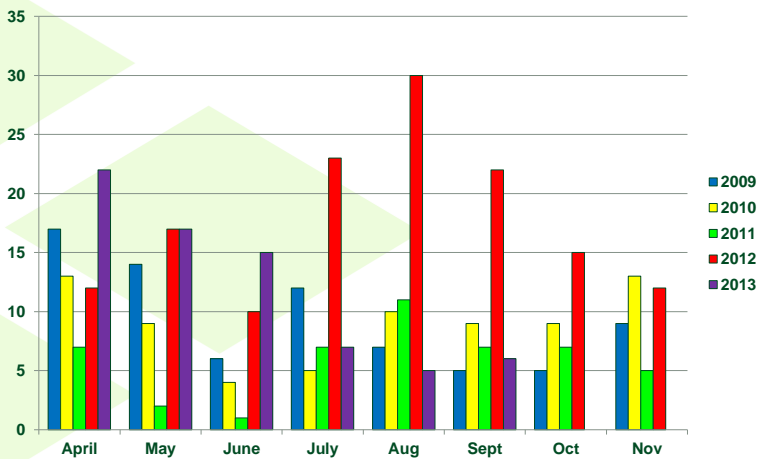
## Scotland West Wet Days (≥1mm rain) 2012 to 2017



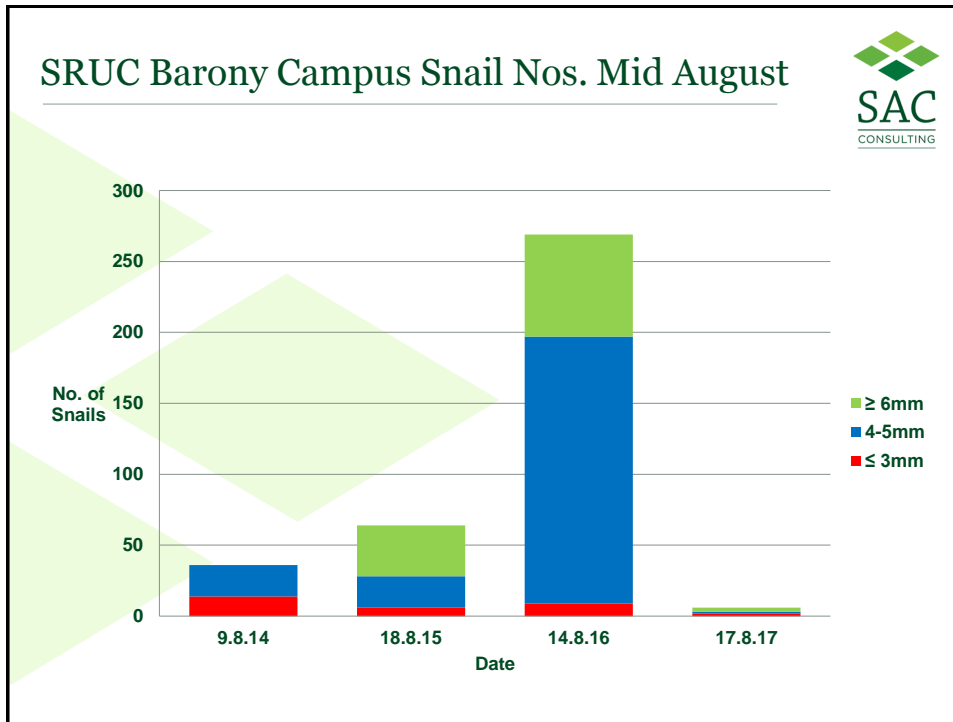
### Scotland West June to September Rainfall and 30 year Averages



### Fluke Forecasts – Netherlands Snail Monitoring







## The Future?



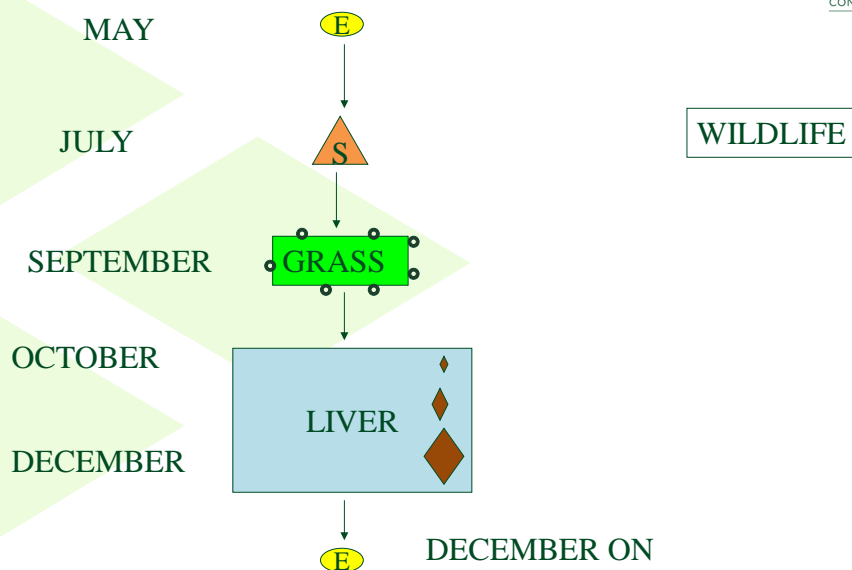
- Met. Office climate meeting June 2013: “UK could be in the middle of a 10 to 20 year cycle of wet summers”
- Predicting Impacts of Climate Change on *Fasciola hepatica*: Fox et al 2011 “Maps show unprecedented levels of future fasciolosis risk in parts of the UK with risk of serious epidemics by 2050”

## The Future?



- Since 2012 there is more awareness of liver fluke.
- More research is being carried out.
- Snail control?
- New tests?
- New treatments?
- Vaccination?

## Fluke Lifecycle



## Plan Ahead To Reduce Losses



- Kill adult fluke late spring/early summer.
- Check that triclabendazole is working.
- Assess risk by field.
- Improve, manage or avoid high risk areas.
- Reduce stocking density in autumn.
- Check fluke forecasts.
- Investigate sudden deaths or ill thrift both before and after treatment.
- Treat with an appropriate product for the time of year.
- Quarantine purchased stock.

## Grazing Options



- Fence off snail habitats.
- Improve drainage, reduce compaction.
- Remove stock, especially sheep, from high risk fields as soon as possible in late summer/autumn.



## Lambs Particularly If High Risk Year/Farm



- Finish or sell as soon as possible.
- Graze on lowest risk fields in autumn.
- Consider grazing on brassicas/chicory.
- House to finish.
- Monitor weight gains.
- Investigate the first death.
- Monitor for infection – antibodies, fluke eggs, abattoir feedback.

## Don't chew the grass!



### Apparent Triclabendazole-Resistant Human *Fasciola hepatica* Infection, the Netherlands

Suggested citation for this article

**To the Editor:** In December 2007, a 71-year-old sheep farmer sought care with a 4-month history of intermittent right upper quadrant pain, night sweats, anorexia, and a 5-kg weight loss. His medical history was unremarkable, and he had not traveled outside the Netherlands for ≈30 years. Physical examination revealed no abnormalities.

Fascioliasis affects millions of humans worldwide (3); however, fascioliasis acquired in the Netherlands has been reported only sporadically (4), even though *F. hepatica* infection in sheep and cattle is prevalent there (5). The patient in this report had not eaten watercress or other aquatic plants and had not ingested ditchwater. However, he had worked in and around ditches on farms in the area, admitted chewing grass sporadically, and might have occasionally ingested vegetables previously fertilized with livestock manure. The patient remains asymptomatic but infected.

Winkelhagen et al, Emerging Infectious Diseases, 6<sup>th</sup> June 2012,  
<http://dx.doi.org/10.3201/eid1806.111038>



# SRUC

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## Adult Rumen Fluke

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## 1<sup>st</sup> September

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- Milking herd, late pregnant heifers, bulling heifers, dry cows (M, PH, BH, DC).
- Want to house on 20<sup>th</sup> October.
- Pregnant heifers due to calve from 20<sup>th</sup> January.
- Dry cows already treated for fluke.
- Summer rainfall above average.
- Deer common on farm.